



WEDDING DAY SURVIVAL KIT

Be prepared and proactive. You never know when you might need these items on the day. Some are more obvious than others but better safe than sorry, right!?

1. Q-tips, cotton balls, wet wipes and tissue...lots of tissue!
2. Toothbrush and toothpaste
3. Mouth wash and floss
4. Hair spray
5. Hair brush, combs, curling iron, curlers, straightening iron and hair dryer
6. Hair clips/accessories and extra pins
7. Dry shampoo
8. Make-up and make-up applicators
9. Make-up remover and nail polish remover
10. Nail polish in the same colour you are wearing
11. Clear nail polish (this has many emergency uses)
12. Nail clippers, nail file, tweezers, and nail scissors
13. Hand lotion
14. Baby powder or white/translucent powder
15. Band-Aids, Neosporin, eye drops, rubbing alcohol, peroxide, and burn gel
16. Feminine products if needed
17. All medications and supplements
18. Shampoo, conditioner, hair spray, gel, mouse, wax, etc.
19. Razor
20. Deodorant and perfume
21. Face cleanser, body lotion, toner and face cream
22. Ibuprofen or other headache tablets
23. Straws... sounds silly but spilling coke on your wedding dress wouldn't be fun!
24. A pair of comfortable shoes to change into
25. Scholl gel insoles